

**FOR IMMEDIATE RELEASE:
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Media Contacts

Pamela Eakes, Seeds of Compassion
206-852-4332, peakes@seedsofcompassion.net

Beau Fong, Nyhus Communications LLC for Seeds of Compassion
206-323-3733, beau@nyhus.com



**Seeds of Compassion Announces Benefit Concert:
Seeds for the Spirit**

Seeds for the Spirit Tickets Will Go on Sale Saturday, March 22, at 10 a.m.

SEATTLE – March 20, 2008 – Seeds of Compassion, an initiative to bring world attention to the importance of nurturing kindness and compassion beginning with children and extending to all who touch their lives, today announced **Seeds for the Spirit, an Evening of Music, Art and Dance**.

A benefit for Seeds of Compassion, the Seeds for the Spirit concert will take place at McCaw Hall on Monday, April 14, at 7 p.m., and will feature the following artists:

- Grammy award-winning musicians **Tingstad & Rumbel**, playing virtuoso acoustic music on American finger-style guitar and melodic woodwinds
- **Phil Borges**, acclaimed humanitarian photographer and founder of Bridges to Understanding, presenting his inspiring photography of indigenous cultures plus digital stories as shared by youth from around the world
- Mystical music from the Middle East, with the **Yuval Ron Ensemble** (led by the Oscar-winning composer), Owwalli master vocalist **Sukhawat Ali Khan** and the Sufi whirling dervish Aziz
- Plus special guests: the **Reverend Samuel McKinney**, civil rights pioneer; **Ishmael Beah**, author and former child soldier from Sierra Leone; and **Gina Salá**, acclaimed vocalist and composer

Seeds for the Spirit is in celebration of the five-day Seeds of Compassion event centered on His Holiness the Dalai Lama, April 11-15, and his visit in Seattle.

Benefit concert tickets are \$65 and will go on sale Saturday, March 22, at 10 a.m. Tickets are available at all Ticketmaster outlets, online at Ticketmaster.com or by phone at (206) 628-0888.

A very limited number of special VIP packages are available. These offer preferred seating at the event and an opportunity to attend a private reception afterwards, with Yuval Ron, members of his ensemble, and other notables. A special gift bag is part of the package including CDs of the performers and a few unique surprises. As an added incentive the first 100 VIP requests will each get one ticket to the sold out Seeds of Compassion InterSpiritual Day, to be held at the Bank of America Pavillion from 9:30 am-2:00 pm on April 15th, 2008.

Tickets for the special VIP packages are \$350, and 100 percent of the \$350 price goes directly to support Seeds of Compassion. To order VIP packages, e-mail spirit@seedsofcompassion.org.

Seeds of Compassion is an initiative to bring world attention to the importance of nurturing kindness and compassion, beginning with children and extending to all who touch their lives. Seeds of Compassion came about through a collaboration of the Kirlin Charitable Foundation and Lama Tenzin Dhonden, the Personal Emissary of Peace for the Dalai Lama, to create and sustain a global compassion movement.

Seattle will launch the initiative with a community-based gathering, April 11-15, featuring dynamic discussions with scientists, researchers, public policy leaders, experts in childhood development and the greater Seattle community.

The five-day public event, anchored by the wisdom of His Holiness the Dalai Lama, will celebrate and explore opportunities for building compassion through forums and discussions, compassion in action workshops, a resource fair and an inter-spirituality dialogue.

Editor's Note: High-resolution images of Tingstad and Rumbel, Phil Borges, The Yuval Ron Ensemble and special guests are available on request.

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About Seeds of Compassion

Seeds of Compassion is an initiative of the Kirlin Charitable Foundation. The purpose of the initiative is to nurture kindness and compassion in the world, starting with children and all those who touch their lives. Seeds of Compassion is partnering with early-childhood-development advocates and organizations, foundations, educators, scientists, business leaders and the greater community to highlight and promote the evidence-based programs, tools and strategies that greatly assist with the healthy development of children as happy, compassionate members of society.

For more information, visit www.seedsofcompassion.org.

Media Contacts

Pamela Eakes, Seeds of Compassion

(206) 852-4332

peakes@seedsofcompassion.net

Beau Fong, Nyhus Communications LLC for Seeds of Compassion

(206) 323-3733

beau@nyhus.com

For additional information on the Seeds for the Spirit Concert

Genessa Krasnow

The Production Network

(206) 545-8760

genessa@tpnevents.com