



**EXPLORING THE SEEDS OF COMPASSION  
DAY ONE - APRIL 11, 2008  
MODERATOR & SPEAKER BIOS**

**DANIEL GOLEMAN**

Daniel Goleman is an internationally acclaimed psychologist, author, lecturer and journalist. He has reported on the brain and behavioral sciences for *The New York Times* and has received accolades for his writing, including a Career Achievement award for journalism from the American Psychological Association.

In recognition of his efforts to communicate the behavioral sciences to the public, Dr. Goleman was elected a Fellow of the American Association for the Advancement of Science. His bestselling books include *Social Intelligence: The New Science of Human Relationships*, *Working with Emotional Intelligence*, *Emotional Intelligence*, and *Destructive Emotions: How Can We Overcome Them?* – a book that recounts the scientific dialogue between His Holiness the Dalai Lama and a group of psychologists, neuroscientists, and philosophers.

Dr. Goleman also co-chairs The Consortium for Research on Emotional Intelligence in Organizations, serves on the board of directors of the Mind & Life Institute, and is a co-founder of the Collaborative for Academic, Social and Emotional Learning at the Yale University Child Studies Center, now at the University of Illinois at Chicago.

**ANDREW N. MELTZOFF**

Andrew Meltzoff is a renowned expert on children's learning. His research on how humans develop the capacity to recognize others as intentional beings is one of the most significant findings in developmental psychology. He specializes in examining how learning in the first five years of life sets the foundation for future development.

Dr. Meltzoff is currently a co-director of the University of Washington Institute for Learning and Brain Sciences and holds the Job and Gertrud Tamaki Endowed Chair. He is the co-author of many scientific papers and books, and lectures worldwide about the power and importance of early learning. Notably in 2006, he was invited to present his work to the Nobel Forum in Stockholm, Sweden.

He is also the recipient of many awards including a MERIT Award from the National Institutes of Health, an award for outstanding research from the Society for Developmental and Behavioral Pediatrics, and a Kenneth Craik award from the University of Cambridge, England. He is a Fellow of the American Association for the Advancement of Science, the American Psychological Association, the American Psychological Society, and the Norwegian Academy of Science, and has served on the board of directors of the Foundation for Early Learning and the University Child Development School.

**RICHARD J. DAVIDSON**

Richard Davidson is the William James and Vilas Research Professor of Psychology and Psychiatry and Director of the W.M. Keck Laboratory for Functional Brain Imaging and Behavior and the Laboratory for Affective Neuroscience at the University of Wisconsin-Madison. In 2006, *TIME* magazine named him one of the world's most 100 influential people.

Dr. Davidson has published more than 250 articles, edited 13 books and is the recipient of numerous research awards including a National Institute of Mental Health Research Scientist Award, a MERIT Award from NIMH, an Established Investigator Award from the National Alliance for Research in Schizophrenia and Affective Disorders (NARSAD), a Distinguished Investigator Award from NARSAD, the William James Fellow Award from the American Psychological Society, the Hilldale Award from the University of Wisconsin-Madison, and the Distinguished Scientific Contribution Award from the American Psychological Association.

Additionally, he is a founding co-editor of the new American Psychological Association journal *EMOTION*, past president of the Society for Research in Psychopathology and of the Society for Psycho Physiological Research, and a member of the American Academy of Arts and Sciences and the Wisconsin Academy of Sciences, Arts and Letters. In 2006, UCLA awarded Dr. Davidson the first Mani Bhaumik Award for advancing the understanding of the brain and conscious mind in healing.

**ALICIA F. LIEBERMAN**

Alicia Lieberman is the Irving B. Harris Professor of Infant Mental Health and Vice Chair for Academic Affairs at the University of California at San Francisco Department of Psychiatry, and director of the Child Trauma Research Project, San Francisco General Hospital.

Her primary focus is infant mental health, disorders of attachment, child-parent interventions with multi-problem families, and the effects of trauma in the first years of life. Dr. Lieberman's research involves treatment outcome evaluation of the efficacy of child-parent psychotherapy with traumatized children aged birth to six. As a trilingual, tricultural Jewish Latina, she specializes in cultural issues involving child development, childrearing, and child mental health.

Dr. Lieberman is a clinical consultant with the San Francisco Department of Human Services and serves on the board of directors and is President of Zero to Three: The National Center for Infants, Toddlers and Families. She is the author of several articles and books including *The Emotional Life of the Toddler*, and *Losing a Parent to Death in the Early Years: Treating Traumatic Bereavement in Infancy and Early Childhood*. She also directs the Early Trauma Treatment Network, lectures extensively and is a consultant to government agencies and private foundations.

**DANIEL J. SIEGEL**

Dan Siegel's psychotherapy practice includes children, adolescents, adults, couples, and families. An award-winning educator, he formerly directed the training program in child psychiatry and the Infant and Preschool Service at UCLA. He is the recipient of the psychiatry department's teaching award and several honorary fellowships and is currently an associate clinical professor of psychiatry at the UCLA School of Medicine where he is also on the faculty of the Center for Culture, Brain, and Development. Additionally, Dr. Siegel is the Director of the Mindsight Institute, an educational organization that focuses on how the development of insight and empathy in individuals, families and communities can be enhanced by examining the interface of human relationships and basic biological processes.

Dr. Siegel received his medical degree from Harvard University and completed his postgraduate medical education at UCLA with training in pediatrics and child, adolescent and adult psychiatry. He has served as a National Institute of Mental Health Research Fellow at UCLA, studying family interactions with an emphasis on how attachment experiences influence emotions, behavior, autobiographical memory and narrative.

As an author, Dr. Siegel's many writings include internationally acclaimed text, *The Developing Mind: Toward a Neurobiology of Interpersonal Experience*. His latest book, *The Mindful Brain: Reflection and Attunement in The Cultivation of Well-Being*, explores the nature of mindful awareness as a process that harnesses the social circuitry of the brain as it promotes mental, physiologic, and relational health.

**MARK GREENBERG**

Mark Greenberg holds The Bennett Endowed Chair in Prevention Research in Penn State's College of Health and Human Development. He is also the Director of the Prevention Research Center for the Promotion of Human Development.

Since 1981, Dr. Greenberg has been examining the effectiveness of school and family-based curricula to improve the social, emotional, and cognitive competence of elementary-aged children. He is the author of more than 200 journal articles and book chapters on developmental psychopathology, well-being, and the effects of prevention efforts on children and families.

Dr. Greenberg is a member of the National Advisory Council on Drug Abuse (NIDA) and consults with numerous foundations and governments on issues related to child development and prevention. He received the Research Scientist Award from the Society for Prevention Research in 2002. On a number of occasions, Dr. Greenberg has spoken with His Holiness the Dalai Lama including meetings in Dharmasala, India and Vancouver, B.C.

**JOHN GOTTMAN**

John Gottman is globally recognized for his work on marital stability and divorce prediction, involving the study of emotions, physiology, and communication. This breakthrough research on marriage and relationships has earned him several major awards. Most recently, Dr. Gottman was voted one of the Top 10 Most influential Therapists of the past quarter-century by the *PsychoTherapy Networker*, a publication best known as the field's most honored resource based on a survey with thousands of clinicians.

Dr. Gottman is the author of numerous academic articles and books including *Why Marriages Succeed or Fail* and *The Heart of Parenting: Raising an Emotionally Intelligent Child*. He is co-founder of The Gottman Institute, and currently teaches weekend workshops for couples and training workshops for clinicians. He is also the Executive Director of the Relationship Research Institute, dedicated to marriage, family and child developmental research, and where they are currently evaluating interventions for the transition to parenthood. He also has a private practice in Seattle, Washington.

**BOB MARVIN**

Bob Marvin received his Ph.D. in developmental and clinical psychology from the University of Chicago and completed a postdoctoral fellowship at the Institute of Child Development, University of Minnesota. He is currently Professor Emeritus in the Department of Psychiatric Medicine and Research Professor in the Department of Psychology, both at the University of Virginia. He is also the Director of the Mary D. Ainsworth Child-Parent Attachment Clinic in Charlottesville, Virginia.

Throughout his career, Dr. Marvin has been active in basic and clinical attachment research, and with families who have children with chronic medical conditions and/or histories of disrupted early relationships. This work led to an increasing focus on clinical issues, including assessment and intervention with families experiencing divorce, and with foster and adopted children.

Together with colleagues Glen Cooper, Kent Hoffman, and Bert Powell, Dr. Marvin created the Circle of Security intervention protocol. He currently uses the Circle of Security framework to develop community-based partnerships among professionals working with foster and adopted children, and children of divorce. Dr. Marvin travels extensively to train professionals in implementing science-based practices that integrate developmental psychology, clinical psychology, and family systems work.

**KAREN GORDON**

Karen Gordon is the Founder and Executive director of Whole Child International, an organization that cares for orphaned, abandoned, neglected, and abused children, where she leads an international team in creating pioneering programs for children without guardianship; advocating and influencing policy for vulnerable children; and conducting research to prove that Whole Child's directed, cost-effective work can dramatically improve outcomes for children.

Ms. Gordon's vision is to build the organization with an eye on cost-effectiveness, and simplicity of purpose that will allow Whole Child to reach as many institutionalized children as quickly as possible. She is also a member of the Pacific Council on International Policy.

### **MARY GORDON**

Mary Gordon is an internationally-recognized educator, parenting expert, and social entrepreneur who has created award-winning programs that are informed by the power of empathy. She is the Founder and President of Roots of Empathy, a not-for-profit organization which offers programs for children in elementary schools and childcare centers. These innovative programs are now offered in Canada, Australia, New Zealand and the United States.

Ms. Gordon is also the founder of Canada's first and largest school-based parenting centers where her work has been used as a best practices model. She is the recipient of many awards and has been appointed to the Order of Canada, which recognizes a lifetime of outstanding achievement, dedication to the community and service to the nation. She is the author of the Canadian bestseller *Roots of Empathy: Changing the World Child by Child* and several book chapters and articles.

Additionally, Ms. Gordon was the first female Canadian Ashoka Fellow, a distinction that recognizes her as a member of an international circle of social entrepreneurs. She currently serves on the executive board of directors of the Ashoka Foundation.

### **ROGER P. WEISSBERG**

Roger Weissberg is Professor of Psychology and Education at the University of Illinois at Chicago and President of the Collaborative for Academic, Social, and Emotional Learning (CASEL), an international organization committed to making evidence-based social, emotional, and academic learning an essential part of pre-school through high school education. For over 30 years, he has trained scholars and practitioners on ways to design, implement, and evaluate family, school, and community interventions.

Dr. Weissberg has authored over 200 publications that focus on preventive interventions with children and adolescents, and has written curricula on school-based programs to promote social competence and prevent problem behaviors. His Social Competence Promotion Program for Young Adolescents received a model program designation from the Center for Substance Abuse Prevention and from the Office of Juvenile Justice and Delinquency Prevention.

Additionally, Dr. Weissberg is a past president of the American Psychological Association's Society for Community Research and Action. He is a recipient of the William T. Grant Foundation's five-year Faculty Scholars Award in Children's Mental Health, the Connecticut Psychological Association's Award for Distinguished Psychological Contribution in the Public Interest, and the National Mental Health Association's Lela Rowland Prevention Award. He also received the 2000 American Psychological Association's Distinguished Contribution Award for Applications of Psychology to Education and Training, and the Society for Community Research and Action 2004 Distinguished Contribution to Theory and Research Award.