



SEEDS OF COMPASSION FIVE-DAY EVENT
April 11-15, 2008
FAST FACTS

Who is coming?

- **150,000+** youths, educators, philanthropists, politicians, businesspeople, clergy of different faiths and the general public (more than double the original plan for 70,000 event attendees)
- **14,500** students from 443 classrooms in 25 Washington counties will participate in Monday's "Compassion Starts Here" event at KeyArena on Monday
- **40,000** tickets distributed through **186** community organizations
- **1,500** volunteers providing their time, talent and services

What are the programs?

- Panel discussions, speeches, artistic performances and more than **80 individual workshops**
- Five days of events with scientists, researchers, policy leaders, experts in childhood development and the greater Seattle community

APRIL 11—Exploring the Seeds of Compassion, Bank of America Pavilion, UW, 7,200 Attendees; KeyArena, 7,200 attendees

- 9 to 11 a.m. – The Scientific Basis for Compassion (includes panel of leading researchers)
- 12:30 to 2:30 p.m. – From Knowledge to Compassion Action (includes leaders in compassion and empathy)
- 4:30 to 5:15 p.m. – His Holiness the Dalai Lama's Dialogue on Compassion in the Media and Music (includes musician Dave Matthews and NBC correspondent Anne Curry)
- 6:00 to 10:00 p.m. – Benefit Concert: Dave Matthews and Tim Reynolds, featuring special guests

APRIL 12—Compassion Arrives, Qwest Field, 55,000 attendees

- 11:00 a.m. to 4:00 p.m. – Workshop, Field Activities and Resource Fair
- 1:00 p.m. to 1:30 p.m. – Procession of Cultures
- 1:30 p.m. to 3:00 p.m. – Heartbeat of Humanity (Main Event, includes a diverse celebration of compassion expressed through music, art, dance and spoken word)

APRIL 13—Action Makes Compassion Real Seattle Center

- 10:30 a.m. to 12:00 p.m. – Compassion in Giving Dialogue: Seattle Repertory Theatre Discussion featuring the Dalai Lama on the importance of philanthropy in social, emotional and early childhood learning (limited media availability)
- 10:00 a.m. to 8:30 p.m. – Workshops, Reflection Spaces and Resource Fair
- 12:30 p.m. to 4:30 p.m. – Compassion Forum: Fisher Pavilion

APRIL 14—Compassion Starts Here, Seattle Center

- 10:00 a.m. to 7:30 p.m. – Workshops and presentations
- 10:45 a.m. to 12:00 p.m. – Children and Youth Day at Key Arena (includes 15,500 students and educators expressing compassion through art and stories)
- 11:00 a.m. to 12:30 p.m. – Business Leaders and Policy Luncheon: Fisher Pavilion (limited space available)
- 1:00 p.m. to 2:30 p.m. – Business and Policy Dialogue:
- 7:00 p.m. to 10:30 p.m. – Seeds for the Spirit Concert featuring Tingstad and Rumbel, Phil Borges, The Yuval Ron Ensemble and special guests – McCaw Hall

At University of Washington

- 3:00 p.m. to 5:00 p.m. – University of Washington honorary degree awarded to His Holiness the 14th Dalai Lama – At U

APRIL 15—Inspiring Compassion in Our Youth, Bank of America Arena, UW, 7,200 attendees

- 9:30 a.m. to 1:45 p.m. – Youth and Spiritual Connection Day (includes an interfaith discussion with His Holiness the Dalai Lama and South African Archbishop Desmond Tutu and others)
- 11:20 a.m. to 11:40 a.m. – Symphony Performance
- 11:40 a.m. to 12:15 p.m. – Panel Discussions
- 3:00 p.m. to 6:15 p.m. – Spiritual Connection Workshops: Seattle Center

Broadcast/webcast worldwide

- Broadcast via multiple television partners and webcast worldwide in 24 languages at www.seedsofcompassion.org.
- Languages include:

Mandarin	Japanese	Urdu	Tibetan
Spanish	German	Turkish	Somali
English	Vietnamese	Persian	Tagalog
Arabic	Korean	Thai	Cambodian
Hindi	French	Dutch	Lao
Portuguese	Italian	Amharic	Tigrigna
Russian	Punjabi	Hebrew	Oromo

For more information, go to www.seedsofcompassion.org.